

HEALING PRAYER FOR ONESELF

***I AM! I AM GOD – THERE IS NO OTHER!***

***I AM SOURCE! I AM LIMITLESS! I AM PERFECT!***

***In This Multiverse of ALL POSSIBILITIES, I CHOOSE My Experience!***

***I AM WHO AND WHAT I SAY I AM!***

**Divine and Human *Love*, Massive *Abundance*, Exquisite *Beauty*, the *Peace of God*,  
Intoxicating *Bliss*, Unconditional *Kindness*, Perfect *Harmony*, *Self-Love*, and *Radiant***

***Health: THIS is the LIFE I CHOOSE! THIS is the LIFE I CLAIM!***

***THIS is the LIFE I LOVE SO MUCH! THANK YOU!***

**I AM Aware and Accept *All Conditions*, but Those I Do Not Now Choose to Experience  
*Simply Go Their Way*, with *My Love and Thanks*.**

***My Wonderful Choice is Unfolding NOW!***

**All Good Things, All My Dreams, All My Desires, are Manifesting *NOW!***

**Everything I Feel and Imagine *Within* is Expressed *Without*.**

**I AM Always Manifesting My Own Life. I AM Always *Choosing*.**

**I Rejoice and Revel in the Majesty of My Creative Mind, My Infinite Intelligence,  
My Oneness with Love, God, and All Creation!**

**I AM Completely *Free!***

**I CHOOSE *THIS LIFE, THIS EXPERIENCE of PERFECT HEALTH!***

***I LOVE and ADORE This Life of EXCELLENT RADIANT HEALTH! IT FEELS SO GOOD!***

**My Own Divine Creative Power Fashions, Molds, and Maintains *My Entire Sacred Body*.**

***It Continuously Knows How to RENEW, RECREATE, and PERFECT Me,*  
according to the *Perfect Divine Pattern of WHO I AM!***

***I See ONLY the Truth of My Perfect Health and Being.***

**I Slow Down and Take Time to *See in My Mind's Eye*, *Appreciate* in my Heart, and *Feel* My  
Sacred Body:**

**Skin..... Toes..... Feet..... Ankles..... Calves..... Shins..... Knees..... Thighs..... Pelvis.....  
Genitals..... Abs..... Torso..... Spine..... Neck..... Skull..... Teeth..... Shoulders..... Upper  
Arms..... Elbows..... Forearms..... Wrists..... Hands..... Fingers..... Stomach.....  
Intestines..... Bladder..... Kidneys..... Liver..... Pancreas..... Gall Bladder..... Heart.....  
Lungs..... Glands..... Brain..... Muscles..... Bones..... Nerves..... Tubes..... Vessels.....  
Blood..... Eyes..... Ears..... All My Senses..... and All My Cells.....**

*I AM Immersed in Images of Perfect Health that Constantly Flood My Subconscious Mind.*

*God's Infinite Healing Presence Maintains Every Part, Every Cell, Every Molecule, Every Atom, Every Particle of My Physical Being, Keeping Me Perfect and Whole, Here and Now.*

*The Image God Has of Me is a Perfect Image. My I AM Maintains My Body in Perfect Accordance with This Perfect Beautiful Image in the Mind of God.*

*Where God Is, where I AM, There Is Only Love, Joy, Order, Beauty, and Perfect Functioning.*

*My Body Listens, Hears, Feels, and is Attuned to the Wisdom of the Divine.*

*Being Alive Feels So WONDERFUL! I Love Experiencing This Healthy, Joyous Life!*

*There are Infinite Versions of Me in the Multiverse: I CLAIM THIS LIFE, NO MATTER WHAT!*

*The Perfection and Beauty and Wonder of Divinity are Now Being Expressed Through Me.*

*There is Only ONE POWER: the Power of LOVE. There is Only ONE CHOICE: MINE!*

*I AM So Blessed! I AM So Grateful!*

*I Breathe, I Relax, I LIVE FULLY and GLORIOUSLY!*

*I FEEL THE ECSTATIC PLEASURE OF LIFE FLOWING THROUGH ME!*

*Everything Wonderful is Unfolding NOW – HERE and NOW!*

*I Give Thanks for this Life of Joyful, Exuberant Health!*

*Amen*